



QA/QC Plan for Sampling from FOD-2 (Final Discharge Point from Sewage Disposal Facility) at FOX-3

Licensee: Department of National Defence,
Government of Canada

Licence: 3BC-FOD0919 Type “B”

Location: FOX-3 North Warning System Site,
Dewar Lakes, Qikiqtani Region, Nunavut

Plan submitted by: Nasittuq Corporation

Date: 26 January 2010

Objective

This QA/QC plan applies to FOX-3’s Monitoring Station Number FOD-2, the final discharge point from the Sewage Disposal Facility. It has been prepared to ensure that sampling, sample preservation, and analyses are done in accordance with methods in the current edition of the Standard Methods for the Examination of Water and Wastewater as required by the Nunavut Water Board Water Licence 3BC-FOD0919 Type “B”.

Review

This plan shall be reviewed annually by Nasittuq’s Environmental Services and will be updated as required. Updated plans will be submitted to the NWB with an approval letter from a laboratory accredited to ISO/IEC Standard 17025.

Feedback

Feedback such as comments, complaints, and suggestions for improvements are to be submitted to: Nasittuq Corp., 100-170 Laurier Ave. W., Ottawa, ON, K1P 5V5, Attention: Supervisor, Environmental Services.

Approval

This plan has been reviewed and accepted.

Original signed by Barb Thomson

26 Jan 2010

Supervisor, Environmental Services
Nasittuq Corp.

Date (dd/mm/yy)



Background

Effluent from the Sewage Disposal Facility is discharged from a pipe to the designated outfall area.

Samples are taken of the effluent as it flows out of the pipe. This sampling point is Monitoring Station Number FOD-2, the final discharge point from the Sewage Disposal Facility. The liquid is adequately represented by single grab samples.

Equipment

The Sewage Testing Kit is a cooler which contains:

- a Chain of Custody form which includes an area for the sample analysis request;
- cold packs; and
- sample bottles

provided by Exova Accutest Laboratories. The sample bottles are listed in the table below. The sample bottles are clean and free of contaminants.

Table 1. Sample bottle requirements

Bottle	Parameters	Sampling	Storage Instructions
2 x 500 ml wide-mouth plastic chem. bottles (no preservative)	General chemistry (pH, BOD, TSS)	Grab	Keep cool. Return to the laboratory within 7 days of sampling.
1 liter amber glass (no preservative)	Oil & Grease (total, mineral, and non-mineral), Visible sheen.	Grab	Keep cool. Return to the laboratory within 7 days of sampling.
300 ml plastic bacteria bottle with sodium thiosulphate preservative	Faecal coliforms	No rinsing. Be careful not to touch open top of sterile bottle.	Keep cool. Arrange shipping so that laboratory receives sample within 24 hours (48 hours max) from the time of sampling.

Personal Protective Equipment (PPE)

Eye protection (safety glasses or goggles) and disposable gloves are to be worn.



Sample Collection

1. Co-ordinate taking the samples with the air cargo flight schedule to minimize sample storage time.
2. The day before sampling, get the cold packs from the sewage testing kit and place in freezer overnight.
3. The day of sampling, gather these items:
 - a. eye protection (safety glasses or goggles);
 - b. disposable gloves;
 - c. Sewage Testing Kit from Logistics;
 - d. plastic bag (garbage bag is OK); and
 - e. permanent marker.
4. Go to FOD-2.
5. Put on PPE. Remove caps from bottles.
6. Fill all bottles in kit leaving a little headspace at the top.
Note 1: Don't rinse the bottles before collecting the sample.
Note 2: Don't touch the open top of the 300 ml sterile bottle (the smallest bottle).
7. Cap bottles.
8. With permanent marker, mark each bottle with site, unique sample #, time, and date.
9. Put bottles in garbage bag and place in cooler. Add cold packs.
10. Complete Chain of Custody form. See attached example. Keep the pink sampler copy. Place the remaining copies in the cooler.
11. Seal cooler with packing tape and air freight as soon as possible to: Exova Accutest Laboratories, 146 Colonnade Rd, Unit 8, Nepean, ON, Tel 613-727-5692.
If any delay, keep samples cool (4 degrees C.).

Analyses

Exova Accutest Laboratories is accredited to ISO/IEC Standard 17025. Exova has an established QA/QC program for the analyses required under this water licence (pH, Oil and Grease, Biological Oxygen Demand (BOD5), Total Suspended Solids (TSS), and Faecal Coliforms).

Results

Results are sent to Nasittuq's Supervisor, Environmental Services.



LABORATORY USE ONLY
Report # _____

EXD
Account

Company Name:	Nasitting Corp
Report Attention:	Barb Thomson (Spr, Enial Services)
Phone:	613-787-3867
Ext:	
* Waterworks Name:	N/A

◀ indicate: F=Filtered or P=Preserved

[illegible]

Copies: White - Laboratory, Yellow - With Report, Pink - Sampler

AFCOCR.2

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26 January, 2010

Nasittuq Corporation
100-170 Laurier Ave. W.,
Ottawa, ON,
K1P 5V5

Ms. Barb Thomson
Supervisor, Environmental Services

Re: QA/QC Plan for Sampling from FOD-2, 26 Jan 2010
License Number 3BC-FOD0919 Type "B"
FOX-3, Dewar Lakes, NU

Dear Ms. Barb Thomson,

This letter is to confirm that we accept the QA/QC plan submitted for the project.

We are an ISO17025 accredited laboratory through Canadian Association of Laboratory Accreditation (CALA). We are committed to fulfill the QA/QC requirement outlined in your letter.

Thank you for interested in our analytical services.

Sincerely,

A handwritten signature in black ink, appearing to be "H. Yu".

Herbert Yu
Quality Assurance Coordinator
Exova Accutest Laboratories